



By Sadie @allnaturalme

Purchase seeds: <http://allnaturalme.seedsnow.com/products/wormwood>

My favorite things about Wormwood:

- prevents and helps kill parasites
- kills cancer cells
- stimulates digestion
- repels wasps

Ideas on ways to use Wormwood:

- make a tea for relief gas
- add 2-3 drops of tincture to water bottles when traveling
- drink tea or smoke dried herb for headaches & pain relief
- make an infusion for intestinal worms
- use a compress with tea for irritations, bruises & sprains